**CENTRAL MN COMMUNITY RESOURCES**

**GENERAL RESOURCES**

* Variety of resources: [**https://www.mncovidresponse.com/resources**](https://www.mncovidresponse.com/resources)
* Variety of resources: [**https://mn.gov/covid19/for-minnesotans/get-help/index.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/index.jsp)
* Information on **Health Care Assistance:** [**https://mn.gov/covid19/for-minnesotans/get-help/healh-care.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/healh-care.jsp)

**FINANCIAL RESOURCES**

* For information on a variety of financial assistance and links for applying, visit the **State of MN website**: [**https://mn.gov/covid19/for-minnesotans/get-help/financial.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/financial.jsp)
* Information on financial assistance programs (ex. Emergency assistance, **Minnesota Family Investment Program, Diversionary Work Program**) can be found on the **MN Department of Human Services website:** [**https://mn.gov/dhs/people-we-serve/children-and-families/economic-assistance/income/**](https://mn.gov/dhs/people-we-serve/children-and-families/economic-assistance/income/)
* Visit the **Stearns County website** for information on available financial programs**:** [**https://co.stearns.mn.us/AdultsFamilies/FinancialServices/FinancialPrograms**](https://co.stearns.mn.us/AdultsFamilies/FinancialServices/FinancialPrograms)

**EMPLOYMENT RESOURCES**

* Visit the **State of MN website** for information on Worker Support during COVID-19: [**https://mn.gov/covid19/for-minnesotans/get-help/employment.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/employment.jsp)
* To apply for unemployment, visit the **MN Unemployment Insurance website:** [**https://www.uimn.org/applicants/index.jsp**](https://www.uimn.org/applicants/index.jsp)

**CHILDCARE RESOURCES**

* For information on childcare options and support, visit the **State of MN website:** [**https://mn.gov/covid19/for-minnesotans/get-help/childcare.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/childcare.jsp)
* Call the **Child Care Aware parent line** at **#1-888-291-9811** with questions on childcare resources and assistance.
* Visit the **State of MN childcare website** for resources and a map of open providers, as well as information on eligibility for assistance with cost of childcare: [**https://mn.gov/mmb/childcare/families/**](https://mn.gov/mmb/childcare/families/)

**HOUSING RESOURCES**

* Visit the **State of MN website** for information on and links to various Housing Supports, including information on housing assistance, suspension of evictions during COVID-19, legal assistance, and utilities assistance: [**https://mn.gov/covid19/for-minnesotans/get-help/housing.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/housing.jsp)
  + If you a renter and are in need of legal assistance, you can get help on a variety of issues (repairs, evictions, security deposits, landlord invasion of privacy, etc.) by calling **HOME Line’s hotline**: **#612-728-5767**
* **State of MN Housing Assistance website:** [**http://www.mnhousing.gov/sites/Satellite?c=Page&cid=1358904711497&pagename=External%2FPage%2FEXTHomeLayout**](http://www.mnhousing.gov/sites/Satellite?c=Page&cid=1358904711497&pagename=External%2FPage%2FEXTHomeLayout)
* **COVID-19 Housing Assistance Program** is now accepting applications:
  + Call **211** (toll-free: **#1-800-543-7709**) OR text “**MNRENT**” or “**MNHOME**” to **#898-211** to learn more.
  + Visit [**www.211unitedway.org**](https://l.facebook.com/l.php?u=http%3A%2F%2Fwww.211unitedway.org%2F%3Ffbclid%3DIwAR0jPesdEy8BtOb3Hiyqan0f0A_Hpg08xMjSYwibWdWhOZvJECLXIr_9WDE&h=AT2mkOPiQ1wV8OAm2BXvVfQhGgNnUL_U8QpYqdKFdty5Ti6X2_PX9Mo4tE1kWCZ9l32RELC3qY7L7U32dfl60TyAy5xGHZ26o4dzy17LKrw8WFRnxQg5VPars9bX4YmKmg&__tn__=-UK-y-R&c%5B0%5D=AT1oIu0RFgms-P3PNvh09WKYW8KeLpg573rGGQiAUbwtMnT5SvGvMSU_hcwQocWzQuWwwZgzU-T_3wGzdayPb5zTkQ5QM5lJ-tiFf9cTk0O9IOqtNyTyPKRJHX7nUjeyVdS7cv_VA5W3naVLG8EodtshgO1o9CL2uuv9lqepO3QpLkCnWyqrpNdSxBpX5nhgTvFCCIti2FzWadntAp4Ri3b8HDUFjbFWigA9CcbCNhaMm4dCmcryD4NeTTZvvPRK56A) to learn more.
* More information on various housing resources and assistance is available on the **MN Department of Human Services website:** [**https://mn.gov/dhs/people-we-serve/seniors/economic-assistance/housing/**](https://mn.gov/dhs/people-we-serve/seniors/economic-assistance/housing/)

**FOOD RESOURCES**

**\* IMPORTANT NOTE:** If you are planning on visiting a specific food shelf, it is best to call in advance to confirm the days and hours they are open, as changes can occur or emergency options may be available outside of typical hours at some sites.

* **State of MN website** listing options and links for food support throughout the state (ex. SNAP, WIC): [**https://mn.gov/covid19/for-minnesotans/get-help/food.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/food.jsp)
  + **Stearns County SNAP information:** [**https://co.stearns.mn.us/AdultsFamilies/FinancialServices/FoodSupport**](https://co.stearns.mn.us/AdultsFamilies/FinancialServices/FoodSupport)
* **Second Harvest Heartland - Supplemental Nutrition Assistance Program (SNAP) Outreach**
  + To speak with an outreach specialist or to complete a SNAP form, visit this website: [**https://www.2harvest.org/who--how-we-help/services-and-programs/programs/snap-outreach.html**](https://www.2harvest.org/who--how-we-help/services-and-programs/programs/snap-outreach.html)
  + You may also call **Second Harvest Heartland** at **#651-209-7963** OR **#1-844-764-5513**
* **Minnesota Food HelpLine** allows you to speak to a support person regarding any specific questions you may have about finding food resources: **#1-888-711-1151**
* **Hunger Solutions Find Help** website allows you search for food resources by entering your address or zip code; this website also provides contact information and directions to food resources: [**https://www.hungersolutions.org/find-help/**](https://www.hungersolutions.org/find-help/)
* **Salvation Army St. Cloud**
  + Serves residents of Clearlake, Clearwater, Kimball, St. Cloud, Avon, Cold Spring, Collegeville, Holdingford, Rice, Richmond, Rockville, Roscoe, St. Joseph, St. Stephen, Sartell, Sauk Rapids, and Waite Park. Drive-up/curbside pick-up, pre-packed boxes available (make appointment).
  + 400 Highway 10 S., St. Cloud, MN 56304
  + **#320-252-4552**
  + Open Tuesdays & Thursdays 9am - 11am, 1pm - 3:30pm
  + [**https://centralusa.salvationarmy.org/northern/stcloud/**](https://centralusa.salvationarmy.org/northern/stcloud/)
* **Catholic Charities Emergency Services - St. Cloud**
  + Emergency Services is open for limited food distribution 2 days per week. Food Relief Bags are available through a walk-up service model, no appointment needed. Food Relief bags will also continue to be available through the Mobile Site visits (8 different locations in St. Cloud, Waite Park, and Sauk Rapids - **see below**). Catholic Charities will triage requests for a monthly pre-packed Food Relief Serve for homebound individuals (can call **#320-229-4563** for this specific service).
  + 157 Roosevelt Road, Suite 100, St. Cloud, MN 56301
  + **#320-229-4560**
  + Open Wednesdays 3pm - 7pm, Fridays 9am - 12pm
  + [**https://www.ccstcloud.org/services/emergency/food-shelf**](https://www.ccstcloud.org/services/emergency/food-shelf)
* **Catholic Charities Mobile Food Shelf - Russell Arms**
  + Food Relief bags available monthly at mobile sites.
  + 315 Division St., Sauk Rapids, MN 56308
  + Open 4th Thursday of the month 10am - 12pm
* **Catholic Charities Mobile Food Shelf - Grace McDowall**
  + Food Relief bags available monthly at mobile sites.
  + 1525 Northway Drive, St. Cloud, MN 56306
  + Open 3rd Thursday of the month 10am - 12pm
* **Catholic Charities Mobile Food Shelf - Al Loehr**
  + Food Relief bags available monthly at mobile sites.
  + 4055 12th St. N., St. Cloud, MN 56303
  + Open 3rd Tuesday of the month 10am - 12pm
* **Catholic Charities Mobile Food Shelf - Hope on 9th**
  + Food Relief bags available monthly at mobile sites.
  + 525 9th Ave. N., St. Cloud, MN 56303
  + Open 4th Thursday of the month 1pm - 3pm
* **Cath0lic Charities Mobile Food Shelf - Wilson Apartments**
  + Food Relief bags available monthly at mobile sites.
  + 41 3rd Ave. NE, St. Cloud, MN 56304
  + Open 3rd Tuesday of the month 1pm - 3pm
* **Catholic Charities Mobile Food Shelf - Empire Apartments**
  + Food Relief bags available monthly at mobile sites.
  + 54 N. 4th Ave., St. Cloud, MN 56303
  + Open 2nd Thursday of the month 1pm - 3pm
* **Catholic Charities Mobile Food Shelf - Germain Towers**
  + Food Relief bags available monthly at mobile sites.
  + 905 W. St. Germain St., St. Cloud, MN 56301
  + Open 2nd Thursday of the month 11:15am - 12:15pm
* **Catholic Charities Mobile Food Shelf - Riverside Apartments**
  + Food Relief bags available monthly at mobile sites.
  + 101 Riverside Drive SE, St., Cloud MN 56304
  + Open 3rd Thursday of the month 1pm - 3pm
* **Good News Food Shelf**
  + 712 17th Ave. S., St. Cloud, MN 56301
  + **#320-255-0620**
  + Open the 4th Tuesday of each month at 6pm
* **St. Joseph - Resurrection Lutheran Church Fare For All**
  + Monthly discounted grocery program.
  + 610 County Road 2, St. Joseph, MN 56374
  + Open September 21st, October 19th, November 16th, December 14th 3:30pm - 5:30pm
  + Call the **Minnesota Food HelpLine** number (**#1-888-711-1151)** to get most current information on availability and location of this service.
  + **https://fareforall.thefoodgroupmn.org/directory/listing/st-joseph-resurrection-lutheran-church-new-1**
* **Rice Area Food Shelf**
  + Main Street, Old Village Hall, Rice, MN 56367
  + **#320-393-2915**
  + Open Thursdays the 1st full week of the month 3pm - 5:30pm, also open for emergencies at other times
* **Avon Food Shelf**
  + Serves residents of Avon or within a 5-mile radius. Modified client choice and shopping by appointment available.
  + 212 1st St. SW, Door #1, Avon, MN 56310
  + **#320-357-5202**
  + Open the 1st & 3rd Tuesday of the month 6pm - 7pm, the 2nd & 4th Wednesday of the month 10am - 11am, 1st and 4th Thursday of the month 6pm - 7pm
* **Holdingford Area Food Shelf**
  + Serves residents of St. Anna, Opole, St. Wendel, Holdingford, & Upsala.
  + 420 Main St., City Hall, Holdingford, MN 56430
  + **#320-746-2637**
  + Open the 2nd and 4th Saturday of the month 8am - 9:30am
* **Helping Hands Outreach at Holdingford City Center.**
  + Free meals through the weekly lunch program.
  + 420 Main St., Holdingford, MN 56430
  + **#320-746-9960**
  + Weekly lunch program Tuesdays at 12pm at the Holdingford City Center.
* **Helping Hands Outreach at Holdingford Legion Club**
  + Free meals through the monthly lunch and learn program.
  + 560 Main St., Holdingford, MN 56340
  + **#320-746-9960**
  + Monthly free meal on the first Wednesday of the month 2pm - 4pm at the Legion.
* **Helping Hands Outreach at St. Stephen Church**
  + Free meals through the monthly lunch and learn program.
  + 101 Plymouth St., Holdingford, MN 56340
  + **#320-746-9960**
  + Monthly free meal on the third Tuesday of each month at 1pm at the church.
* **CROSS Center for Benton County**
  + Modified client choice shopping available.
  + 150 4th Ave., Foley, MN 56329
  + **#320-968-7012**
  + Open Mondays 1pm - 4pm & 6pm - 8pm, Thursdays 10am - 3pm
  + [**http://www.foleycrosscenter.org/**](http://www.foleycrosscenter.org/)
* **Albany Food Shelf**
  + Serves residents of the Albany area.
  + 721 Lake Ave., Albany, MN 56307
  + **#320-845-2343**
  + Open the **1**st Thursday of the month 9am - 10am, the 3rd Thursday of the month 5:30pm - 6:30pm, & by appointment
* **ROCORI Area Food Shelf**
  + Serves residents in the ROCORI area school district. Please bring photo identification and a piece of mail as proof of address. Home delivery is available for homebound individuals. Drive-up service until further notice.
  + 217 Main Street, Cold Spring, MN 56320
  + **#320-685-8787**
  + Open every Monday 10am - 2:30pm & the 3rd Monday of the month 5:30pm - 7:30pm
  + [**http://rocoriareafoodshelf.org/**](http://rocoriareafoodshelf.org/)
* **Clearwater-Clear Lake Emergency Food Shelf**
  + 1100 County Road 75, Clearwater, MN 55320
  + **#320-558-2954**
  + Open Mondays 5:30pm - 7pm, Tuesdays 9am - 11am, and Wednesdays 6pm - 8pm
  + [**https://www.clearwatercity.com/?SEC=4432FC24-BCB5-474D-94C2-E147C4BB4652**](https://www.clearwatercity.com/?SEC=4432FC24-BCB5-474D-94C2-E147C4BB4652)
* **Morrison County Food Shelf**
  + Allowing clients to shop one at a time. Must be interviewed in advance to determine eligibility and must complete a confidential form. Clients receive a 3-5 day supply of food based on household size. Clients are generally served once per month (12 times a year). Clients must pick up items in person. If you are eligible for SNAP assistance or reduced lunch programs, you will be eligible to receive food from this food shelf.
  + 912 1st Ave. SW, Little Falls, MN 56345
  + **#320-632-8304**
  + Open Tuesdays and Wednesdays 10am - 12pm, Thursdays 6pm - 8pm
  + [**https://www.mcfoodshelf.org/**](https://www.mcfoodshelf.org/)
* **Little Falls - Bethel Lutheran Church Fare For All** 
  + Monthly discounted grocery program.
  + 901 Broadway West, Little Falls, MN 56345
  + Open September 14th, October 12th, November 9th, December 7th 3:30pm - 5:30pm
  + Call the Minnesota Food HelpLine number (**#1-888-711-1151)** to get most current information on availability and location of this service.
  + [**https://fareforall.thefoodgroupmn.org/directory/listing/little-falls-bethel-lutheran-church**](https://fareforall.thefoodgroupmn.org/directory/listing/little-falls-bethel-lutheran-church)
* **Pierz Area Food Shelf**
  + Serves the city of Pierz, Eastern Morrison County, and Crow Wing to Benton County. Self-shop/modified client choice available for one family at a time, as well as distribution to homebound individuals.
  + 220 Main St. S., Apt. #5, Pierz, MN 56364 (The Old Library Building)
  + **#320-468-7134**
  + Open Mondays 9am - 11am and 5pm - 7pm
  + [**https://www.pierzmn.org/?SEC=FBAC93AC-9857-4694-AB31-2EDC8ED19CA6**](https://www.pierzmn.org/?SEC=FBAC93AC-9857-4694-AB31-2EDC8ED19CA6)
* **Kimball Area Food Shelf**
  + LOcated in St. Anne’s Catholic Church. Serves residents of the Kimball Area School District. Accepts walk-ins.
  + 441 Hazel Ave. E., Kimball, MN 55353
  + **#320-398-3415**
  + Open Tuesdays and Thursdays 9:30am - 10:45am
  + [**https://kimballfoodshelf.com/contact-us**](https://kimballfoodshelf.com/contact-us)
* **Becker Food Shelf**
  + Serves Becker School District. Modified client choice and mobile distribution to homebound individuals are available.
  + 12060 Sherburne Ave., Becker, MN 55308
  + **#763-261-4612**
  + Open Tuesdays 9am - 11am and Thursdays 4pm - 6pm
  + [**https://www.ci.becker.mn.us/Directory.aspx?DID=13**](https://www.ci.becker.mn.us/Directory.aspx?DID=13)
* **Eden Valley Food Shelf**
  + 556 Brooks St. N., Eden Valley, MN 55329
  + **#320-453-2000**
  + Open the first and third Wednesdays of the month 1:30pm - 4:30pm
* **Annandale Community Food Shelf**
  + Serves residents of Annandale and Maple Lake School Districts. Drive-up/curbside pick-up, pre-packed boxes, modified client choice, and delivery to seniors are available.
  + 390 Annandale Blvd., Annandale, MN 55302
  + **#320-274-3663**
  + [**http://www.annandalefoodshelf.org/**](http://www.annandalefoodshelf.org/)
  + Open Mondays 4pm - 6pm, Wednesdays 5pm - 7pm, Fridays 9am - 11:30am
  + You must arrive at least 20 minutes before closing to receive service.
* **Melrose Area Food Shelf**
  + Serves residents of Melrose Area Independent School District 740. Drive-up/curbside pick-up and mobile distribution to clients who are homebound are available.
  + 255 Country Club Rd., Melrose, MN 56352
  + **#320-256-2555**
  + Open the first four Wednesdays of the month 1pm - 4:45pm
* **Paynesville Community Service Center Food Shelf**
  + 110 Lake Ave., Paynesville, MN 56362
  + **#320-243-4953**
  + Open Tuesday - Friday, 10am - 2pm OR by appointment
* **Ruby’s Pantry**
  + Pop-up pantry locations (Little Falls, Onamia, Ramey, Sauk Centre), no income or residency requirements. Receive an abundance of groceries for $20 donation.
  + [**https://www.rubyspantry.org/**](https://www.rubyspantry.org/)

**MENTAL HEALTH & CRISIS RESOURCES**

**\* IMPORTANT NOTE:** A “crisis” is something different for each individual but usually refers to a time of intense difficulty and often involves concern for emotional and/or well-being. Below are some options for

support, many of which are available 24/7. However, if there is an **immediate threat to safety, call 911**.

* **National Suicide Prevention Lifeline** is a free, confidential service available 24/7: **#1-800-273-TALK (8255)**
  + Check out their website to learn more and to use the “chat” function if you prefer: [**https://suicidepreventionlifeline.org/**](https://suicidepreventionlifeline.org/)
* **Crisis Text Line** is a free support available 24/7: text **MN** to **741741**
* Call **\*\*CRISIS** (**274274**) from a mobile phone to speak with a **crisis response** professional who can help if you are experiencing a mental health crisis.
* List of **county crisis response numbers** for individuals experiencing a mental health crisis:
  + **Adult Mental Health Crisis Response Numbers:**: [**https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp**](https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/adult-mental-health/resources/crisis-contacts.jsp)
  + **Children Mental Health Crisis Response Numbers:** : [**https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/childrens-mental-health/resources/crisis-contacts.jsp**](https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/childrens-mental-health/resources/crisis-contacts.jsp)
  + **Four County Crisis Response Team** (Benton, Sherburne, Stearns, Wright) - the Crisis Response Team (CRT) is a group of counselors who provide support and assistance to children AND adults experiencing a mental health crisis. Call-in services include a crisis hotline, information and referrals, and a link to resources and support. If needed the CRT will travel to your home or a community location to de-escalate the situation and help the individual in crisis cope with immediate stressors.
    - Call **#320-253-555** OR toll-free **#1-800-635-8008** to access CRT call-in services, available 24/7.
* List of variety of **mental health emergency services in the four county area** (Benton, Sherburne, Stearns, Wright) found here:
  + [**http://mnmentalhealth.org/emergency**](http://mnmentalhealth.org/emergency)
* **St. Cloud Area Crisis Nursery** (through **Lutheran Social Services**, serves Stearns and Benton counties), provides short-term care (up to 72 hours) for children through age 12 by licensed providers, crisis counseling, and support for families by providing information and referrals to additional community resources.
  + Call **#1-320-654-1090**
  + For more info on **LSS Crisis Nursery** **services**, check out these websites:
    - [**http://unitedwayhelps.galaxydigital.com/agency/detail/?agency\_id=84795**](http://unitedwayhelps.galaxydigital.com/agency/detail/?agency_id=84795)
    - [**https://www.lssmn.org/services/families/crisis-nurseries**](https://www.lssmn.org/services/families/crisis-nurseries)
* **Sherburne County Crisis Nursery services** through Sherburne County Health and Human Services (when calling, specify to the intake worker you are wanting crisis nursery services):

#### Call **#1-800-433-5239** (toll free) OR **#763-765-4000**

* + **Please note:** Office hours are listed as Monday through Friday, 8:00am - 4:30pm
  + For more info on Sherburne County services, check out this website: [**https://www.co.sherburne.mn.us/380/Crisis-Services**](https://www.co.sherburne.mn.us/380/Crisis-Services)
* **Wright County Crisis Services** provides a list of available services and contact information for specific services, which can be found here:
  + [**https://www.co.wright.mn.us/697/Crisis-Services**](https://www.co.wright.mn.us/697/Crisis-Services)
  + You can also call the **Wright County Human Services Department** for more info: **#763-682-3900** OR **#800-362-3667**
* Call the **SAMHSA Disaster Distress Helpline**, available 24/7, for immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This is a toll-free, multilingual, and confidential crisis support service.
  + **#1-800-985-5990**
  + [**https://www.samhsa.gov/find-help/disaster-distress-helpline**](https://www.samhsa.gov/find-help/disaster-distress-helpline)
* Free online **“Coping with COVID” support group** for community members.
  + Read about this free community outreach service here:
    - [**https://www.riverridgemn.com/wp-content/uploads/2020/07/Coping-with-COVID-Online-Support-Group-website-info.pdf**](https://www.riverridgemn.com/wp-content/uploads/2020/07/Coping-with-COVID-Online-Support-Group-website-info.pdf)
* Register for an online event here:
  + [**https://www.eventbrite.com/e/coping-with-covid-online-support-group-tickets-114549833636**](https://www.eventbrite.com/e/coping-with-covid-online-support-group-tickets-114549833636)
* Check out the **MN Department of Human Services** website for more info about accessing mental health supports and services services during the COVID-19 pandemic: [**https://mn.gov/covid19/for-minnesotans/get-help/mental-health.jsp**](https://mn.gov/covid19/for-minnesotans/get-help/mental-health.jsp)
* Connect with **National Alliance on Mental Illness (NAMI) Minnesota** for help navigating the mental health system and for supports and resources throughout the state:
  + **#1-888-626-4435**
  + [**https://namimn.org/**](https://namimn.org/)
* Connect with **Minnesota Association for Children’s Mental Health** for help navigating the children’s mental health system and for supports and resources throughout the state:
  + **#1-800-528-4511**
  + [**https://macmh.org/**](https://macmh.org/)
* **Community mental health services** in the area that provide a variety of therapeutic services (NOT an exhaustive list, many agencies are offering services through telehealth or by phone at this time; you can call and inquire about services currently available for you and/or your child):
  + **CentraCare Behavioral Health Services**
    - **#320-255-6677** (to schedule a video appointment)
    - **#320-229- 4945** (to inquire about services at St. Cloud Hospital Behavioral Health, Child & Adolescent Services)
    - [**https://www.centracare.com/services/behavioral-health-services/**](https://www.centracare.com/services/behavioral-health-services/)
  + **Catholic Charities Behavioral Health Services**
    - **#320-650-1550** OR **#1-800-830-8254**
    - [**https://www.ccstcloud.org/services/mental-health**](https://www.ccstcloud.org/services/mental-health)
  + **Lutheran Social Services Behavioral Health Services - St. Cloud**
    - **#320-251-7700**
    - Services during COVID-19: [**https://www.lssmn.org/services/mental-health/covid-19**](https://www.lssmn.org/services/mental-health/covid-19)
    - General info on Mental Health Services through LSS: [**https://www.lssmn.org/services/mental-health**](https://www.lssmn.org/services/mental-health)
  + **Nystrom & Associates, Ltd. - Sartell Clinic**
    - **#320-314-4882**
    - [**https://www.nystromcounseling.com/our-locations/sartell-st-cloud-clinic/**](https://www.nystromcounseling.com/our-locations/sartell-st-cloud-clinic/)
  + **The Village Family Service Center**
    - **#320-253-5930**
    - [**https://www.thevillagefamily.org/content/st-cloud**](https://www.thevillagefamily.org/content/st-cloud)