

OCTOBER BREAKFAST MENU



2025-2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 WG MUFFIN-1 STRING CHEESE-1 FRESH FRUIT 100% FRUIT JUICE MILK-1	2 TURKEY SAUSAGE-2 FRENCH TOAST-4 SYRUP-1 100% FRUIT JUICE MILK-1	3 WG POP TART-1 FRUIT CUP-1 100% FRUIT JUICE MILK-1
6 WG CEREAL CHOICE-1 FRUIT CUP-1 100% FRUIT JUICE-1 MILK	7 WG FRUDEL-1 FRUIT-1 YOGURT-1 100% FRUIT JUICE-1 MILK-1	8 WG MUFFIN-1 STRING CHEESE-1 FRESH FRUIT 100% FRUIT JUICE MILK-1	9 TURKEY SAUSAGE-2 FRENCH TOAST-4 SYRUP-1 100% FRUIT JUICE MILK-1	10 WG POP TART-1 FRUIT CUP-1 100% FRUIT JUICE MILK-1
13 WG CEREAL CHOICE-1 FRUIT CUP-1 100% FRUIT JUICE-1 MILK	14 WG FRUDEL-1 FRUIT-1 YOGURT-1 100% FRUIT JUICE-1 MILK-1	15 	16 	17 
20 WG CEREAL CHOICE-1 FRUIT CUP-1 100% FRUIT JUICE-1 MILK	21 WG FRUDEL-1 FRUIT-1 YOGURT-1 100% FRUIT JUICE-1 MILK-1	22 WG MUFFIN-1 STRING CHEESE-1 FRESH FRUIT-1 100% FRUIT JUICE MILK-1	23 TURKEY SAUSAGE-2 FRENCH TOAST-4 SYRUP-1 100% FRUIT JUICE MILK-1	24 WG POP TART-1 FRUIT CUP-1 100% FRUIT JUICE MILK-1
27 WG CEREAL CHOICE-1 FRUIT CUP-1 100% FRUIT JUICE-1 MILK	28 WG FRUDEL-1 FRUIT-1 YOGURT-1 100% FRUIT JUICE-1 MILK-1	29 WG MUFFIN-1 STRING CHEESE-1 FRESH FRUIT-1 100% FRUIT JUICE MILK-1	30 TURKEY SAUSAGE-2 FRENCH TOAST-4 SYRUP-1 100% FRUIT JUICE MILK-1	31 WG POP TART-1 FRUIT CUP-1 100% FRUIT JUICE MILK-1

THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS * INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.

Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com